

Full Translated Shopping List for 4 Adults + 4 Children

Item	Quantity	Category
Bread rolls (ready-to-bake)	30-40	Bakery
Chocolate spread	1	Spreads & Breakfast
Red jam	1	Spreads & Breakfast
Yellow jam	1	Spreads & Breakfast
Vegetarian spreads	3	Spreads & Breakfast
Muesli	2	Spreads & Breakfast
Cornflakes	2	Spreads & Breakfast
Oats	2	Spreads & Breakfast
Sugar	500g	Spreads & Breakfast
Vegetable broth	1	Spreads & Breakfast
Couscous or rice	1 pack each	Pantry
Pasta / Gnocchi	2 kg / 2 kg	Pantry
Canned tomatoes	4 cans	Pantry
Tomato passata	2 cans	Pantry
Tomato paste	1	Pantry
Olives	2	Pantry
Sweetcorn	3 cans	Pantry
Coffee	3	Pantry
Tuna	3 cans	Pantry
Mayonnaise	2	Pantry
Ketchup	1	Pantry
Balsamic vinegar	1	Pantry
Olive oil	1	Pantry
Regular oil	1	Pantry

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Coffee filters	1	Pantry
Salt	1	Pantry
Pepper	1	Pantry
Orange juice	4 liters	Drinks
Apple juice	4 liters	Drinks
Multivitamin juice	3 liters	Drinks
Coke Cola (Light)	15 cans	Drinks
Fanta / Sprite	20 cans	Drinks
Water	50 liters	Drinks
Wine	8 liters	Drinks
Beer (cans)	50 cans	Drinks
Hand soap	1 per bathroom	Household
Dish soap	1	Household
Dish sponge	1	Household
Cleaning cloth	3	Household
Kitchen roll	4	Household
Toilet paper	10	Household
Large trash bags (drawstring)	1 roll	Household
Small trash bags (min. 30L)	1 roll	Household
Floor cloths	3	Household
Lighter / Matches	1	Household
Aluminum foil	1	Household
Butter / margarine	1-2	Refrigerated
Cream cheese	3	Refrigerated
Salami	1	Refrigerated

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Cooked ham	1	Refrigerated
Cheese (variety)	1 kg	Refrigerated
Sheep cheese	2	Refrigerated
Natural yogurt	2 kg	Refrigerated
Eggs	40	Refrigerated
Ground meat	1 kg	Refrigerated
Cream / Crème fraîche	2	Refrigerated
Parmesan	2	Refrigerated
UHT milk (screw cap)	8	Refrigerated
Apples	30-40	Fruits & Vegetables
Bananas	10	Fruits & Vegetables
Peaches	10	Fruits & Vegetables
Grapes	1 bunch	Fruits & Vegetables
Melon	1	Fruits & Vegetables
Tomatoes	20-30	Fruits & Vegetables
Cucumbers	5	Fruits & Vegetables
Onions	1 bunch	Fruits & Vegetables
Zucchini	4	Fruits & Vegetables
Avocados	3	Fruits & Vegetables
Eggplants	3	Fruits & Vegetables
Red peppers	3	Fruits & Vegetables
Yellow peppers	3	Fruits & Vegetables
Green peppers	2	Fruits & Vegetables
Spring onions	1 bunch	Fruits & Vegetables
Parsley	1 bunch	Fruits & Vegetables

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Fresh mint	1 bunch	Fruits & Vegetables
Garlic	3-4 bulbs	Fruits & Vegetables
Lettuce	2 heads	Fruits & Vegetables
Potatoes	2 kg	Fruits & Vegetables
Dried fruits	2 packs	Snacks
Chips	2	Snacks
Crackers	4	Snacks
Wraps	3 packs	Snacks
Red salsa	2	Snacks
Herb dip	2	Snacks
Pretzel sticks	3	Snacks
Trail mix	1	Snacks
Nuts	2 cans	Snacks
Chocolate cake	2	Snacks
Gummy bears	2	Snacks
Cookies	4	Snacks
Flour	1 kg	Pantry
Clothespins	1 pack	Household